

Aug. 14-2000.

C.H. MENU "PICTURE BUTTE HEALTH CENTER"

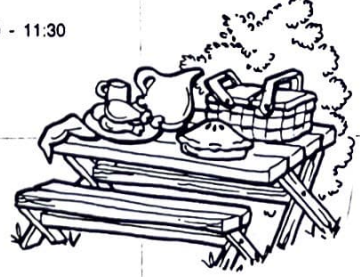
DA	1	2	3	4	5	6	7
BREAKFAST	Orange Juice Cream of Wheat or Cold Cereal Butter & Eggs Toast	Apple Juice Rolled Oats or Cold Cereal Bacon Strips Toast	Blended Juice Corn Meal Cream of Wheat or Cold Cereal Butter & Eggs Toast	Cranapple Juice Red River Cereal or Cold Cereal Gouda Cheese Pancakes Toast	Orange Juice Fresh Fruit Cream of Wheat or Cold Cereal Poached Eggs Toast	Apple Juice Rolled Oats or Cold Cereal CORN FLAKES Peanut Butter & Butter & Eggs Toast	Pineapple Juice Corn Meal Cream of Wheat or Cold Cereal Butter & Eggs Waffles or Toast
LUNCH	*+Baked Fish Fillet in Creamy White Sauce Parslied Boiled Potatoes Sliced Beets Lemon Tarts	*+Roast Turkey with Gravy Mashed Potatoes Mixed Vegetables Tomato Soup Cake	Beef Pot Pie Gravy Green Beans Sliced Peaches	*+Roast Pork with Applesauce and Gravy Potatoes Au Gratin Broccoli Spears Fruit Crisp	Cabbage Mashed Potatoes Residents Choice Strawberry Short Cake	*+Hot Beef/Gravy Mashed Potatoes Carrots Cheesecake	*+Baked Chicken in Mushroom Sauce Mashed Potatoes California Mixed Vegetables Sherbet
ALTERNATIVE	Vegetarian with Gravy	Macaroni & Cheese	Cold Meat Plate	Egg Salad Sandwich	COOK BEEF	Vegetarian with Onions	Crunchy Potatoes with Tater Sauce
SUPPER	Tomato Vegetable Soup *+Veal Cutlet Gravy Oven-Roasted Potatoes Marinated Vegetable Salad Pear Halves	Chicken Noodle Soup *+Mushroom Omelette Toast Points Apricots	Split Pea Soup Turkey Sandwich Tomato Garnish Squash Jello	Cream of Chicken Soup *+Deli Sandwich Potato Salad Ice Cream	Borscht Soup *+Cabbage Mashed Potatoes Cheese Fritters Pineapple	Minestrone Soup CORN Chowder Barbecued Pork on a Bun Pears Crushed Pineapple	Beef Vegetable Soup Bacon Casserole Vegetable Fruit Cocktail
ALTERNATIVE	*+Cold Sliced Beef Sandwich	*+Sliced Ham Sandwich	*+Cottage Cheese & Butter & Eggs Plate Banana Muffin	Chicken Strips with Sauce	Tuna Salad Sandwich	*+Lemon Baked Veal Oven Browned Potatoes	*+Turkey/Lettuce Sandwich Plate Salmon Salad

NOTE: Soup is provided at lunch for Meals on Wheels and the Cafeteria (the same soup that is on for supper).
 Bread (crackers) and margarine served at lunch and supper.
 Milk (2 cups/500 ml/day) plus tea or coffee served at breakfast, lunch, supper and nourishment.
 *Low Fat Choice (without the added sauce or gravy)
 +Low Sodium Choice ("")

H.S. cookies muffin's LOAF Cookie's MUFFIN'S or. Fruit Cinnamon Bun's

August 2000 - Recreation Therapy Activity Calendar



S	M	T	W	T	F	S
		1 09:30-11:00- Carol- Manicures/Visits/ Walks	2 Friendship Day! 09:00 Men's Club 10:00 Musical Showcase 01:30 Drive Around Town! 03:00 Horticulture School	3 Carol 9:30 - 11:30	4 Mustard Day 10:00 Enchant for Picnic and Church Visit 03:00 Watering & Walks	5
6 Weekly Theme: Time	7 09:00 United Church Stat Holiday	8 09:30 Baking 10:30 Mental Fitness 02:00 DLS Bag 03:00 Walks/Watering	9 09:00 Men's Club 10:00 Musical Showcase 02:30 Pretzels, & Punch on Patio	10 Carol 9:30 - 11:30	11 09:00 Fit N' Fun 10:30 Catholic Church 01:00 DLS Bag 02:00 Travelling Garden 03:00 Walks/Watering	12 Middle Children's Day
13 Weekly Theme: Boy Scouts/Brownies 05:30 LDS Church	14 09:15 Men's Club 10:30 Bingo 02:00 Birdhouse Building 03:00 Walks/Watering	15 09:30 Fit N' Fun 10:30 Games 02:00 DLS Bag 03:00 Watering/Walks	16 09:00 Monkey Buns 10:00 Musical Showcase & Birthday Party 01:30 Drive & Ice Cream 03:00 Watering	17 Carol 9:30 - 11:30	18 09:00 Mental Fitness 10:30 E. Free Church 02:00 Volunteer Videos	19 Pancake Breakfast and Parade
20 Weekly Theme: Beach Week	21 09:30 Fit N' Fun 10:30 Bingo 02:00 Homemade Ice Cream 03:00 Watering/Walks	22 09:30 Men's Club 10:30 Baking 01:00 Travelling Garden 02:00 Current Events 03:00 Watering/Walks	23 10:00 Musical showcase 05:00 Resident/Family BBQ Graduation 2000	24 Happy Birthday Nora! Carol 9:30 - 11:30	25 09:00 Mental Fitness Preserve Day 10:30 DLS Bag 02:00 Flower Walk 03:00 Snack N' Chat	26
27 Weekly Theme: Back to School 	28 09:30 Fit N' Fun 10:30 Bingo 02:00 Watermelon Thump Party 03:00 ChickenSoupStories 	29 09:30 Baking 10:30 Mental Fitness 11:30 1:1 Therapy 03:00 Watering/Walks/ Current Events	30 09:00 Men's Club 10:00 Musical Showcase And Dance 02:00 Fun on the Patio 03:00 Snack N' Chat	31 Carol 9:30 - 11:30 		

Aug 2000

X-Ray of Female Hand Age: 49



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